



Five Bold Questions

"Ask yourself the EASY questions and give yourself a hard life – ask yourself the HARD questions and give yourself an easy life!"

Set aside five minutes of your time and ask yourself 5 focused **Bold** questions prompted by these headings:



1. What shall I stop doing in my life/business?
2. What shall I do less of?
3. What shall I keep doing?
4. What shall I do more of?
5. What shall I start doing?

Be bold, be ruthless, and be completely honest with yourself. This is for your own personal development and tracking. Using these five focused questions on a monthly basis will keep you on track towards your dreams, your aspirations and your goals.

Stop	Reduce	Keep	More	Start